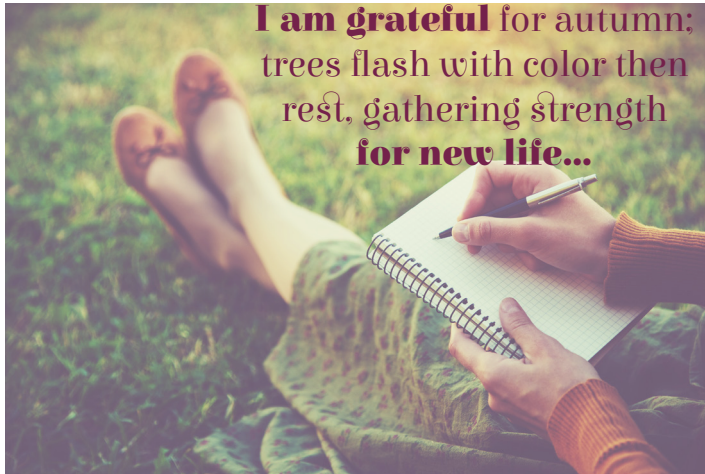


Gratitude Journal

one
grain of sand,
one moment
in time...

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I am grateful for autumn;
trees flash with color then
rest, gathering strength
for new life...

Honestly,
am I
grateful?

Reflections



I am grateful for
imagination,
determination
& hard work

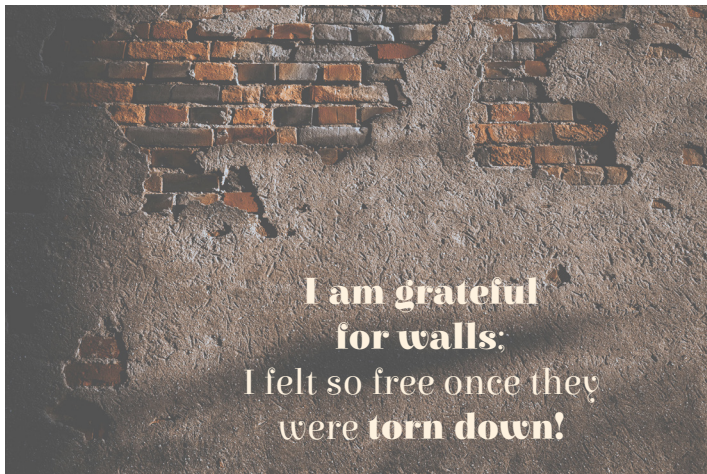
the stuff of
**hopeful
dreams...**



Give thanks!

Reflections

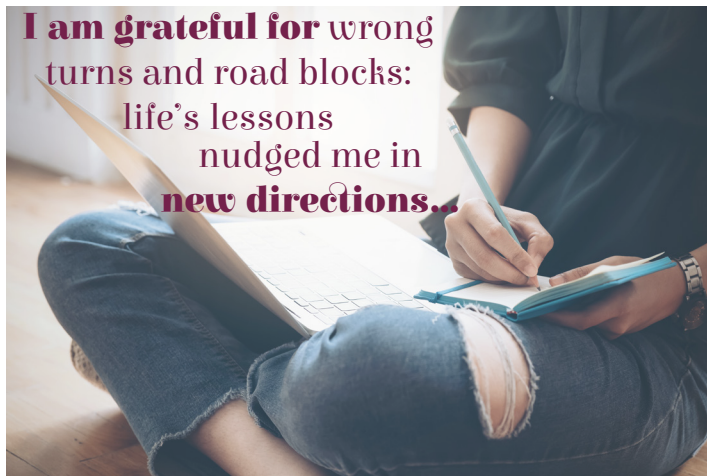




Cherish the
moment:

Reflections





I am grateful for wrong
turns and road blocks:
life's lessons
nudged me in
new directions...

Smell the
flowers:

Reflections



I am grateful for brief pauses,



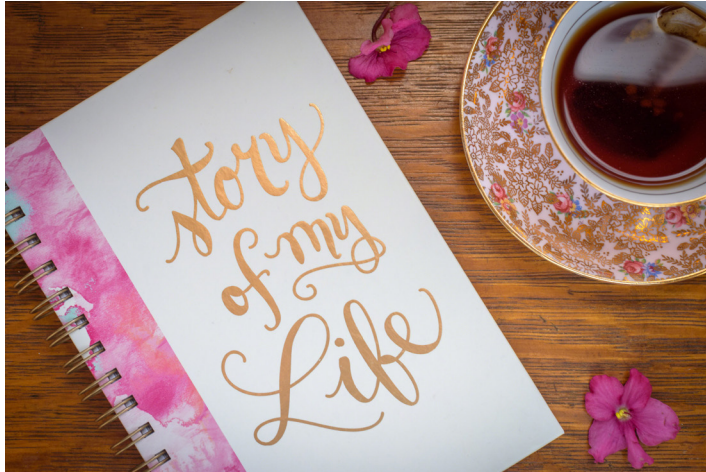
the whistle that stops life's locomotive...

Breathe:

Reflections



I am grateful for deep valleys



with simple choices...

Celebrate:

Reflections

Story
of my
Life





Pray:

Reflections



Toby Dorr is an author, creator, difference maker and authority on calibrating women's journeys to escape their prisons.



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